



# Chiropractic Services

Reimbursement Policy ID: RPC.0052.SCDS

Recent review date: 02/2025

Next review date: 12/2025

*First Choice VIP Care reimbursement policies and their resulting edits are based on guidelines from established industry sources, such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), state and federal regulatory agencies, and medical specialty professional societies. Reimbursement policies are intended as a general reference and do not constitute a contract or other guarantee of payment. First Choice VIP Care may use reasonable discretion in interpreting and applying its policies to services provided in a particular case and may modify its policies at any time.*

*In making claim payment determinations, the health plan also uses coding terminology and methodologies based on accepted industry standards, including Current Procedural Terminology (CPT); the Healthcare Common Procedure Coding System (HCPCS); and the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM), and other relevant sources. Other factors that may affect payment include medical record documentation, legislative or regulatory mandates, a provider's contract, a member's eligibility in receiving covered services, submission of clean claims, and other health plan policies, and other relevant factors. These factors may supplement, modify, or in some cases supersede reimbursement policies.*

*This reimbursement policy applies to all health care services billed on a CMS-1500 form or its electronic equivalent, or when billed on a UB-04 form or its electronic equivalent.*

## Policy Overview

This policy provides an overview of reimbursement limitations for chiropractic services based on Medicare coverage. Chiropractic care provides members with services for manual manipulation of the spine to correct a dislocation that has resulted in a neuromusculoskeletal condition.

## Exceptions

N/A

## Reimbursement Guidelines

The primary diagnosis must be reported once. Additional diagnoses for resulting neuromusculoskeletal disorders are listed as secondary diagnoses.

- M99.01 - Segmental and somatic dysfunction of cervical region
- M99.02 - Segmental and somatic dysfunction of thoracic region
- M99.03 - Segmental and somatic dysfunction of lumbar region
- M99.04 - Segmental and somatic dysfunction of sacral region
- M99.05 - Segmental and somatic dysfunction of pelvic region

Diagnostic x-rays provided by a chiropractor to determine the existence of a vertebral subluxation are not eligible for reimbursement.

Per CPT guidelines, Chiropractic manipulative treatment codes (98940-98942) include a pre-manipulation patient assessment.

| CPT Code | Code Description  |
|----------|---|
| 98940    | Chiropractic manipulative treatment (CMT); spinal, 1— 2 regions |
| 98941    | Chiropractic manipulative treatment (CMT); spinal, 3— 4 regions |
| 98942    | Chiropractic manipulative treatment (CMT); spinal, 5 regions    |

These codes for active/acute or chronic treatment must include modifier AT (active/acute treatment). Maintenance therapy is not covered by Medicare.

Medicare does not cover:

- Laboratory tests
- X-rays
- Office visits (history and physicals)
- Physiotherapy
- Traction
- Supplies
- Injections
- Drugs
- EKGs or any diagnostic study
- Orthopedic devices
- Nutritional supplements/counseling
- Any service ordered by the chiropractor

## Definitions

### Vertebral subluxation

One or more vertebrae in the spine become misaligned, compressing spinal nerves and disturbing optimal nerve function.

### Modifier AT – Active Treatment

Modifier AT is submitted with chiropractic treatment codes when the chiropractor furnishes active/acute treatment.

## Edit Sources

- I. Current Procedural Terminology (CPT)
- II. Healthcare Common Procedure Coding System (HCPCS)

- III. International Classification of Diseases, 10th revision, Clinical Modification (ICD-10-CM), and associated publications and services.
- IV. <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/bp102c15.pdf>
- V. <https://www.cms.gov/medicare-coverage-database/view/article.aspx?articleId=56273>
- VI. <https://www.medicare.gov/coverage/chiropractic-services>

N/A

## Associated Policies

N/A

## Policy History

|         |   |
|---------|---|
| 02/2025 | Reimbursement Policy Committee Approval   |
| 01/2025 | Annual review <ul style="list-style-type: none"><li>No major changes</li></ul>  |
| 04/2024 | Revised preamble  |
| 03/2024 | Reimbursement Policy Committee Approval   |
| 08/2023 | Removal of policy implemented by First Choice VIP Care from Policy History section  |
| 01/2023 | Template revised <ul style="list-style-type: none"><li>Preamble revised</li><li>Applicable Claim Types table removed</li><li>Coding section renamed to Reimbursement Guidelines</li><li>Associated Policies section added</li></ul> |